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Exam 3: NUR253/ NUR 253 (New 2023/ 2024 Update) Concepts of Mental Health Nursing Exam Review| Guide with Questions and Verified Answers| 100% Correct- Galen

QUESTION
_SXS of Dementia

Answer:
Denial
•Confabulation (made up stories)
•Perseveration
•Aphasia (unable to understand speech)
•Apraxia (inability to perform activities)
•Agnosia (unable to interpret sensations)
•Agraphia (unable to write)
•Hyperorality (put things in mouth)
•Hypermetamorphosis

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QUESTION
_NI for Dementia

Answer:
Therapeutic Lies
•Redirection
•May need to assist with basics (Maslow)
Rationale: They will not improve because it is progressive and irreversible

QUESTION
_Meds for Dementia

Answer:
Cholinesterase Inhibitors:

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Tacrine (cognex) - liver (no longer in U.S.)
Donepezil (aricept)- GI
Rivastigmine (Exelon)-GI
Galantamine (Razadyne)
•Caution if taking NSAIDs , GI problems
•Can cause bradycardia and syncope

Namenda (moderate to severe stages unlike other drugs) works on glutamate - May be used with cholinesterase inhibitors

QUESTION
_Hallucinations

Answer:
something is coming through one of the 5 senses that is not present at all

NI:
- Decrease environmental stimuli, such as loud noise extreme bright colors and flashing lights
- Attempt to identify precipitating factors by asking the client what happened prior to the onset of hallucination
- Monitor TV programs to minimize external stimuli
- Monitor command hallucinations that may precipitate aggressive or violent behavior
- Admin. prescribed meds.

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QUESTION
_illusions

Answer:
you see, hear, etc. something but misinterpret it (my IV tubing is rope to hang me)

QUESTION
_Delusions

Answer:
a belief that is not true: People are trying to poison me

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NI:
- Don't whisper or laugh in the presence of the client
- Don't argue or attempt to disprove delusional or suspicious thoughts
- Explain all procedures and interventions, including medication management.
- Provide for personal space and don't touch without warning the client
- Maintain eye contact during interactions with client
- Provide consistency in care
- Awareness syndrome

Medication management.
- Neuroleptic meds/antipsychotic
- Improvement 1-2 days ; full effect is 6-8 wks

QUESTION
Reactive Attachment Disorder

Answer:
consistent pattern of inhibited & emotionally withdrawn behavior. Rarely directs attachment to behavior to caregiver & doesn't seek comfort from them when distressed.

Caused by lack of bonding experience w/ primary caregiver by the age of 8 months.

Related to:
-severe neglect
- changes in caregivers
- care in institutional setting

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QUESTION
NI for reactive attachment disorder

Answer:
- Structure
- Consistency
- loving environment

QUESTION
Disinhibited Social Engagement Disorder

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